

Enrichment Program for Gifted Learners

飲食、身份與社群

文化人類學的視角

Food , Identity and Community:

Perspectives from Cultural Anthropology



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- 食物不僅是維繫生存與愉悅的源泉，更是一座橋樑，引領我們更深入地思考人類境遇與自身在世界中的位置！
- Food is more than a source of sustenance and pleasure. It is also a vehicle for thinking more deeply about the human condition and our place in the world!



飲食
在人類學的思考：

文化
傳統
文物
身份
社群

**Food in anthropological
thinking :**

**culture ,
tradition ,
heritage ,
Identity ,
Community**

文化的人類學視野

- 文化--意謂某些行爲模式（模式化了的行爲）
 - 文化--意謂某些共享的知識和觀念
-

Anthropological view of Culture

- **Culture as patterns of behavior (behavioral patterns, patterned behavior)**
- **Culture as shared knowledge and views**





作為「傳統」的文化

傳統的主要特徵

- 歷時性與穩定性
- 規範力
- 社群性與身份認同性
- 儀式化與象徵化

Culture as Tradition

Key Characteristics of Tradition

- Diachronic Nature and Stability
- Normative Power
- Communal and Identity-Forming
- Ritualization and Symbolization

作為「遺產」的文化

關鍵維度：價值、選擇、保存與所有權

核心內涵：從生活實踐到珍貴傳承

- 價值評估的過程（經常涉及外界參與評估判斷）
- 框架的轉變：傳統往往被「經歷」，遺產則常被「管理」。這使文化進入政策、法律、旅遊與教育的領域。

Culture as Heritage

Crucial dimensions : value, selection, preservation, and ownership.

Core Connotation:

From Lived Practice to Valued Inheritance

- **A Process of Valuation** (usually involves external participation and judgement)
- **A Shift in Frame:** While tradition is often **experienced**, heritage is often **managed**. It moves culture into the realms of **policy, law, tourism, and education**.



作為「族群身份」的文化

Culture as Ethnic Identity

- 文化即身分：我們出生、接納與參與其中的文化，從根本上塑造了我們——塑造了我們的自我認知、歸屬感，以及我們如何

Culture is identity: The culture(s) we are born into, adopt, and participate in fundamentally shape who we are— our sense of self, belonging, and how we navigate the world.

- 族群社區：一個人可能會發現，自己的身分認同與保存族群正在消逝的語言或菜餚緊密相連，這使得文化成為一種有意識的身分保存行動。

Ethnic Communities: A person might find their identity strongly tied to preserving a language or cuisine that are fading in their homeland, making culture a conscious act of identity preservation.



大澳文化“整全觀”

Tai O Culture in "Holistic Perspective"

- 環境、生態：** 水稻農田、河口漁場、鹽場
--- 族群定居
- Environment, Ecology:** Rice paddies, estuary fishing grounds, salt fields — Settlement of ethnic groups
- 技術、經濟：** 捕魚技術、農田水利、曬鹽、經商
- Technology, Economy:** techniques, paddy irrigation, salt drying, commerce
- 社會、政治：** 社群組織—族群、宗族、花炮會、業群行會
- Society, Politics:** Community organizations — ethnic groups, clans, Huapao (firecracker) associations, trade guilds
- 宗教、宇宙觀：** 廟宇崇拜--大澳龍舟游涌
- Religion, Cosmology:** Temple Cult — Tai O Dragon Boat Water Parade



記錄大澳漁民作長者製作鹹魚、蝦膏、鹹蛋黃微紀錄片工作坊

Mini-documentary workshops recording elderly fishermen making salted fish, shrimp paste and salted egg yolks

